

# The Good News

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## Today Is NOT the ONLY Day of Salvation!

*What will happen to unconverted mortal human beings after Christ returns? Will they be given their FIRST chance of salvation? And what of those who lived and died in total ignorance in past ages? Are they lost forever?*

by Herbert W. Armstrong

### WHAT HAS GONE BEFORE:

TO UNDERSTAND the Bible you need *seven keys*. Because the churches have lost these seven all-important keys, they are in complete confusion!

One of these keys opens up the knowledge of God's PLAN OF REDEMPTION. Without it, you cannot understand the PLAN of salvation—the purpose being worked out here below. This KEY comprises the seven annual Holy Days or Festivals.

Just as the Church is God's instrument for carrying out His PLAN, so these annual festivals are God's instrument for keeping us in the knowledge of His PLAN. These seven festivals picture the *seven major steps* in the plan of salvation. The entire history of redemption is re-enacted every year in these festivals.

God's plan didn't end at the cross. It *began* there! As the *first* event in redemption is the death of the Lamb of God, so the *first* of the annual days is the *passover*.

Jesus said that we should become like the Father in Heaven: perfect. Belief in Christ's sacrifice is not enough. It only starts us on the road to perfec-

tion. We are not to continue in sin, but to put it out of our lives. Our deliverance from sin and our obedience to the commandments and statutes of God are pictured by the *second* annual festival—the feast of *unleavened bread*. Every church which has rejected this festival has departed from God's law (Exodus 13:9).

To keep God's law in all its magnification, in the spiritual intent, not just the letter, we need the power—the Spirit—of God. So that none would forget that God is choosing only a *few* in this age to whom He imparts the Holy Spirit, God gave us a *third* festival—pentecost, the feast of weeks or *feast of firstfruits* (Deut. 16:9-12; Num. 28:26).

This festival pictures the coming of the Holy Spirit and this whole church age—the first small spiritual *harvest* of souls.

More than 1923 years have elapsed since the Church of God began, yet the plan of God remains *unfinished*! God's PLAN of redemption would be thwarted if there were no resurrection—no return of Jesus Christ to save the world from self-annihilation.

The *fourth* festival or Holy Day pictures this very occurrence—the return of Christ, not only to resurrect the dead

who died in the faith, but also to *save the world*. This Holy Day is the *feast of trumpets*. Christ comes with the sound of a mighty trumpet (I Thes. 4:14-17). He, comes at the "last trump" (I Cor. 15:18 and Rev. 11:15-19)—at a time of world-engulfing war. Trumpets are a symbol for *war*.

Christ must work when He returns. He must replace Satan, the invisible ruler of this age. He must bring about world reconciliation—making the world *at one* with God and with neighbor. This is portrayed by the *fifth* annual Holy Day—the *day of atonement* (or at-one-ment). The meaning of the day of atonement we learned from Leviticus 16.

But God's plan doesn't end here. Redemption and salvation are not yet complete!

### PART IV

#### Festival of Tabernacles

Now we come to the *festival of tabernacles*—or *feast of booths*—the *sixth* festival. Let us notice the instruction concerning this occasion:

"Thou shalt *keep* the feast of tabernacles *seven days*, after that thou has gathered in from thy threshing and from thy winepress. And thou shalt RE-

JOICE in thy feast, thou, and thy son, and thy daughter . . . SEVEN DAYS SHALT THOU KEEP A FEAST UNTO THE ETERNAL THY GOD IN THE PLACE WHICH THE ETERNAL SHALL CHOOSE; because the Eternal thy God shall bless thee in all thine increase, and in the work of thy hands, *and thou shalt be altogether joyful* . . . and they shall *not* appear before the Eternal empty; every man shall give as he is able, according to the blessing of the Eternal thy God which He hath given thee" (Deut. 16:13-17).

Here is the festival of tabernacles, to be kept for *seven* days, beginning the 15th day of the seventh month of God's Sacred Calendar. Notice Leviticus 23:33-35: "And the Eternal spoke to Moses saying: Speak unto the children of Israel, saying: On the fifteenth day of this seventh month is the feast of tabernacles for seven days unto the Eternal. On the first day shall be a holy convocation; ye shall do NO MANNER OF SERVILLE WORK."

On the FIRST of these days is a HOLY CONVOCATION—a commanded assembly. No work is to be done. ". . . and ye shall REJOICE before the Eternal your God seven days . . . It shall be a statute FOREVER in your generations: ye shall celebrate it in the seventh month" (Lev. 23:40-41).

Notice that it is commanded FOREVER.

Here are pictured those FINAL culminating events in God's great PLAN: AFTER Christ has died for our sins to *redeem* mankind—AFTER He has sent us the Holy Spirit and picked out a people for His Name to become kings and priests thru the thousand years—AFTER His glorious second coming—AFTER He has finally *restored* the redeemed by placing all the sins upon the head of Satan, their real author, and separating both him and the sins from the presence of God and His people, thus finally perfecting the AT-ONE-MENT, making us finally *joined in one*—then we are ready for that *final series of events*, the commencement of the "MARRIAGE OF THE LAMB," the final actual MAKING OF the NEW COVENANT, the establishment of the Kingdom of God on earth and the reaping of the *great harvest of souls* for a thousand years.

This festival is the picture of the MILLENNIUM!

#### Pictures the Millennium

To portray His PLAN, God took the yearly *material* harvest seasons in Palestine as the picture of the *spiritual* harvest of souls. In Palestine there are *two* annual harvests. The first, produced by the early rain, is the spring grain harvest. Second, produced by the "latter

rain," comes the main harvest—the much greater fall harvest.

Now notice when the festival of tabernacles is to be held: "at the year's end" (Ex. 34:22). In this verse the festival of tabernacles or booths is specifically called the "feast of ingathering." The harvest year ended at the beginning of autumn. Just as *pentecost* pictures the early harvest—this church age, so the festival of ingatherings or tabernacles pictures the fall harvest—the great harvest of souls in the millennium!

Today is *not* the ONLY day of salvation. Today is *a* day of salvation. Isaiah said so: chapter 49, verse 8. In fact, the original Greek words of Paul in II Cor. 6:2 should be translated "A day of salvation," not "*the* day of salvation."

Turn for a few minutes to the book of Zechariah to understand this more thoroughly. In the 12th and 13th chapters we have a picture of Christ returning and the reconciliation of the world commencing. Here the meaning of the festivals of trumpets and atonement is made plain.

Next, notice the 14th chapter. The time is the millennium. "The Eternal shall be king over all the earth: in that day shall there be one Eternal, and His name one . . . there shall be no more utter destruction; but Jerusalem shall be safely inhabited" (Verses 10-11). It is the time when "living waters"—salvation, the Holy Spirit—"shall go out from Jerusalem" (Verse 8). The "waters" are literal as well as figurative. God often pictures His spiritual PLAN by material events.

In that day, when the earth is safely inhabited, when the Holy Spirit is granted to all mortal flesh, what happens? "And it shall come to pass that everyone that is left of all the nations which came against Jerusalem shall even go up *from year to year* to worship the King, the Lord of hosts, AND TO KEEP THE FEAST OF TABERNACLES."

#### Gentiles Forced to Keep Feast of Tabernacles

Notice this 16th verse of Zechariah 14. After Christ returns, the nations—*mortal Gentiles who have not yet received salvation*—will come to Jerusalem to keep the *feast of tabernacles*! How could they keep a festival that was abolished at the cross? They could keep it only if it were commanded FOREVER.

And what will happen if they *refuse to obey* God? "And it shall be, that whoso will *not* come up of all the families of the earth unto Jerusalem to worship the King, the Lord of hosts, even upon them SHALL BE NO RAIN." Strong words these!

The nations will be FORCED to keep

the FEAST OF TABERNACLES, *from year to year*, when Christ is ruling with a rod of iron!

And if the nations still won't obey? "THERE SHALL BE THE PLAGUE, where-with the Lord will smite the *heathen*"—there are still heathen nations just beginning to learn the way of salvation—"that come *not* up to keep the feast of tabernacles. This shall be the punishment of Egypt, and the punishment of all nations that come not up to keep the feast of tabernacles" (Verses 17-19).

To receive salvation even the Gentiles will have to keep this festival. Of course, it is commanded FOREVER!

Now we customarily quote Isaiah 66:23, showing that the sabbath will be kept in the millennium, *as PROOF we must keep it now*. Will we, then, when we read Zech. 14:16, showing that the feast of tabernacles will be kept in the millennium, be consistent *by keeping it today*?

Can WE qualify as a Son of God—a king and priest—ruling with Christ on His throne, assisting Christ at that time, if we *NOW refuse* to keep these festivals? Notice that Christ kept the feast of tabernacles. The apostle John devoted an entire chapter of his gospel—the seventh chapter—to describe what Jesus said and did during the feast of tabernacles in the last year of his ministry.

#### Why Called Feast of "Tabernacles"

During the millennium, the Kingdom of God into which we may be born will rule the nations which are composed of mortal men begotten by the Spirit of God. The billions of mortals alive during the millennium will still be *heirs* to the Kingdom of God. They will not yet have inherited it as long as they remain mortal flesh, for "flesh and blood cannot inherit the kingdom of God" (I Cor. 15:50). "Ye must be *born again*"—"of the Spirit"—to inherit the Kingdom, said Jesus.

Remember that Abraham, Isaac and Jacob were merely heirs when they dwelled on earth (Heb. 11:9). While heirs they dwelled in tabernacles or booths, sojourning in the land of promise. Booths or temporary dwellings pictured that they were not yet inheritors. Thus we read of the feast of tabernacles that "Ye shall dwell in booths seven days . . . that your generations may know that I made the children of Israel to dwell in booths when I brought them out of the land of Egypt" (Lev. 23:43). Israel dwelled in booths in the wilderness BEFORE they entered the promised land. Those booths pictured that they were only heirs. In like manner, we should dwell in booths or temporary dwellings during the festival, so that

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# Is God FAIR?

*Why has God permitted 6000 years of human woe and suffering?*

*by Herbert W. Armstrong*

**L**OOK AT THE WORLD TODAY! War, famine, pestilence! Poverty, inequality, hunger, want! Sickness, disease, suffering, death! Crime, graft, dishonesty, corruption! Insanity, degeneration, decay! Unhappiness, fear, wretchedness and woe!

How, so many are asking, can a supreme, all-powerful God of LOVE permit it?

WHY does God allow devil-inspired communists to run amuck? WHY is He permitting civilization itself to crumble?

Is God FAIR?

Listen! Some men are saying, "God isn't fair!"—or "Is there a God, after all?" But what do you suppose men would say if God took away their right to think and do as they please? For God could never stop this awful carnage without FORCING men to act according to HIS will—denying them a free will of their own!

It is *men's ways*, so contrary to God's ways, that have brought this unhappy state. And they have brought on all the world's sorrows and anguish *in spite of the pleadings of God*. He says, "Your ways are not my ways."

God's ways, had they been followed, would have led inevitably to peace, happiness, prosperity and joy. God always has revealed to men His ways. Always He has pleaded with the human family.

Suppose God had taken the only alternative. Suppose He had FORCED men, against their wills, to have lived according to HIS laws?

Can't you almost hear the defiant, rebellious, stiff-necked human race indignantly screaming at the Almighty: "You can't cram your religion down *my* throat!" For it *is* a matter of religion. Can't we see that, had God followed that course, more than ever men would have shouted, "GOD ISN'T FAIR!"

For six thousand years men have lived in defiance of God's laws. Had God denied them this right to be wrong, men would have accused God of injustice, demanding freedom to follow their own ways.

God's Plan has for its purpose the creating of perfect CHARACTER in beings that are separate entities from God yet members of the very family of God. Character cannot be created automatically by fiat—it must be developed through *experience!*

Nor could character be instilled with-

out free moral agency. To achieve this great purpose—that of producing the supreme pinnacle of all God's creation, sons of God having perfect character, man has to be *convinced*, of his own free will, that God's laws are JUST, and that His ways are the only right ways for man! Man must turn to them, voluntarily! This lesson could be learned *only by EXPERIENCE!*

In the beginning, Satan appeared to contest the wisdom of God's Law. This law is, simply, LOVE. Love for God, and love for neighbor, as defined in the ten broad principles of the Ten Commandments. A fundamental, spiritual, eternal law. The philosophy Christ taught is that it is more blessed to GIVE, than to receive. But Satan argued for the GETTING way. Competition, he argued, is the life-blood of activity. Self-desire provides incentive to endeavor. Vanity spurs to action. And so, in Satan's philosophy, self-desire, competition, strife, provide the root-principle for accomplishment. The way of GETTING is the way to progress and advancement.

Had not God permitted this selfish way to be tried, tested, and demonstrated, God's creatures could argue throughout eternity that they had been denied the better way.

The Devil's WEEK

And so God turned over to Satan ONE WEEK, consisting of seven thousand-year days, in which to *demonstrate* the falsity of this way—the way of greed.

During this week of seven thousand years Satan was permitted to retain DOMINION over all the earth. "Six days," God said, "thou shalt labor and do all thy work"—his work of deception and hate—"but the SEVENTH day is the Sabbath of the Lord thy God; in it thou shalt not do any work." Six thousand-year days have been permitted Satan for his labor of DECEPTION. Even then his dominion has been limited to the power of influence and suggestion. Never has God permitted even Satan arbitrarily to force men against their wills.

And so for six thousand years men have been left free to accept the self-seeking competitive philosophy of Satan, or to follow the Golden Rule of God. And for six thousand years Satan has labored. And mankind has fallen for his delusion!

Satan's philosophy is the philosophy

of the world today. On it our present civilization has been built. A civilization men love and cherish, and for which they patriotically sacrifice their lives! A civilization developed on desire for self-gain, competition, strife! In it success is determined by HOW MUCH a man has been able to GET, not on how well he has served.

God has never left men in ignorance of the TRUE way of life. Always He has made known the true values—the way of His spiritual law of Love! Continually God has pleaded, with patience and in love. He pleaded through Noah in the days before the flood. He set up a nation of His own on earth, pledged to follow HIS laws, dedicated voluntarily to God's ways of life. But Israel turned from God's ways, and persecuted and killed God's prophets!

God sent His only begotten Son to point men back to the true paths. And Him, too, men rejected and killed!

During these six thousand years since Adam, men continually have spurned God's love, rejected His Law, turned a deaf ear to His prophets and His true ministers. They have built a world after the false philosophy of Satan, replete with its pagan customs, traditions and beliefs. Today people are hopelessly engulfed in these false ways, but, being deceived, realize it not at all!

Satan is revealed as the "GOD of this world" (II Cor. 4:4). The original *inspired* Greek should properly be translated, "the god of *this* AGE." And this worldly civilization worships its GOD. The appalling fact unrealized by the world is that Satan, not the Eternal, is its god! The Creator God "is *not* the author of confusion," we read in I Cor. 14:33. Its real author is Satan, the world's god! And so he has his many denominations and sects, all striving in a babylon of confusion!

The Devil's WORK

There is just one thing, it seems, that *all* Satan's ministers can agree upon. "God's LAW," they chorus in unison, "is DONE AWAY!" Yes, they have to tell that in order to draw their salaries! Today the people of organized religion refuse to HEAR the Law of the Lord (Isa. 30:8-11). They demand that their ministers preach the soft and smooth things—the deceits! They have turned away from the TRUTH, and are accepting and

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*ministering to its members  
 scattered abroad, and  
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 at Ambassador College*

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## A Heart to Heart Talk with the Editor

Not only does America stand in peril, unrealized by our people, but YOU, as a true Christian and child of God, face undreamed-of persecution—even martyrdom—in the years not far ahead!

WHY are many of you heedless of impending danger?

It need not come to YOU; for God freely offers you full divine protection. But it is certain to come to those who fail to take warning.

Paul pleaded with us, of *this* generation, that we should not be asleep to this impending danger (I Thes. 5). But it seems God's people of this time are gradually slipping into the Laodicean condition foretold in Revelation 3:14-22.

The purpose of the Christian life in this dispensation is to train ourselves for a high calling—an occupation—in Christ's Kingdom. We have been going to school, as it were. When He comes, each shall be called to accounting (Luke 19:11-27), and given responsibility in Kingdom rule according as he has *qualified* by Christian growth and development during this life. And just as the young man or woman preparing in college for a profession must take and pass FINAL EXAMINATIONS at the end of the school year, so now God's called are to take final exams! "Many shall be purified, and made white, and tried," at this time of the end, says Daniel (12:9-10).

In Revelation 6:9-11 we are told that those Christian martyrs of the middle

ages are to rest in their graves yet a little while *until* their fellow Christians OF THIS END-TIME GENERATION shall be martyred *as they were!*

In His Olivet prophecy, Jesus told of the false preaching, the world war, famines, pestilences. These dire conditions are constantly accelerating. "Then," He said, next, "they shall deliver you up

to be afflicted, and shall kill you" (Mat. 24:3-9).

But the prophecy of Revelation 12 shows that, as many of the saints fled to a place of safety from the Middle-Age persecution, so some of God's people are *again*, soon, to flee under God's direction and protection to a place of escape!

*Some of you* shall have to sacrifice your lives for your faith, yet *others* shall escape! Thus God's true people fall into two classes.

What shall determine *into which class* YOU shall be?

Remember, "There is no respect of persons with God." Therefore He shall not decide into which class you find yourself. You, *yourself*, must decide it!

The question is, "HOW?"

"*Watch* ye, therefore, and PRAY ALWAYS, *that ye may be accounted worthy to ESCAPE* all these things that shall come to pass, and to stand before the Son of man," is Jesus' own answer (Luke 21:36).

Notice, first, you must WATCH! Be looking for it! Read I Thessalonians 5. We are children of the *light*—we understand Bible prophecy—we KNOW what is coming! Do not deny it; do not scoff; do not hide your eyes from impending danger—WATCH!

And then, something else! PRAY! Pray *always!* Are you praying that fervently?

Jesus, for example, was accustomed to spending LONG HOURS in private prayer, *alone* with God. He prayed all night to God upon a special occasion. He arose early, long before it was day, and went out where He could be ALONE with God. He FASTED and prayed. Do you?

Those who ESCAPE are those who put Christ's Kingdom FIRST, not second, in their everyday lives; who spend *full hours* in earnest, heart-rending prayer; who actually FAST and pray; who pray *continually*, even as they go about their work, as they walk down the street, or drive their cars. They are continually in a spirit of prayer.

YOU shall decide *for yourself* into which camp of the saints you shall be placed—whether you shall have to suffer the agonies of torture and death—or whether you shall be accounted worthy to ESCAPE all these things!

Do you find God such a "bore" that you dread His company in prayer? If you truly *love* Him—if He is your best friend—then it should be such a privilege to spend whole hours with Him in prayer! He is never "too busy" to give you all the time you wish. Whenever you go to Him in prayer, He is there! His ear is always open! You can have all of His time you want! As *often* as you want it! How THANKFUL we should be!

## RADIO LOG

### "The WORLD TOMORROW"

Herbert W. Armstrong analyzes today's news, with the prophecies of The WORLD TOMORROW!

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# FASTING for Health

*What should you do when you, or your children, catch a cold, have a fever, or become ill?*

*by Herbert W. Armstrong*

**W**HY ARE people sick? Many seem to think our bodies were made to become sick every little while.

Man ought *never* to be sick. Man, remember, is the creation of God. True, he is mortal, made of the dust of the ground. He is composed of 16 principal elements of matter. Yet it is God's great PURPOSE to create out of man the supreme Masterpiece of all His creative art!—perfect spiritual characters—beings to be raised to the level of God!

We, now, are the clay models to be fashioned, formed and shaped in spiritual character by the Master Sculptor—if we will yield ourselves into His hands—converted into the glorious spiritual image of the Almighty Himself! So, as we now are of the earth—earthy, bearing the image of the Adam who was dust, we *shall* thru God's process bear the image of the heavenly GOD! (I Cor. 15:49).

## Purpose of Human Body

For this purpose the human body was made to be the TEMPLE of the Holy Spirit. God created man in the very highest material medium for the expression of the divine intelligence.

No instrument has yet been, or ever will be devised by man, even in this machine age, which can approach, in delicacy of operation, the mechanism of the human body, with its enormous range of functional power.

The Creator made the human organism to *run*, and to keep *running* for a natural lifetime—not to get sick or break down. The human constitution is so marvelously constructed that it will take far more punishment and abuse *before* some part of it breaks down than any other animal or any mechanism ever made by man.

And yet, largely through ignorance, we humans abuse our bodies and violate the laws of health to so great an extent that almost every home is frequently visited with sickness! The human body is never sick unless injured or abused, though many inherit certain weaknesses and impairments at birth from the dissipations and sins of ancestors.

Today thousands of parents send their sons to state agricultural colleges to learn how to feed and care for the bodies of swine, never giving one thought to

the proper feeding and care of their own human bodies. The average American table has been described by a noted physician as a dieteric horror. In the selection and preparation of foods, we follow tradition, and eat what we "like," with never a thought as to whether it is wholesome food or rank poison.

People who would not think of putting an adulterated, injurious oil in the crankcase of the car, or a polluted fuel-oil in the gas-tank, will stuff their own stomachs and their children's with adulterated, so-called "refined" foods that are actually poisonous, with never a thought about it.

And then when we or our children are sick, we suppose it is because God did a bad job of making us, and it is INTENDED for us to be sick!

## LAWS Regulate Your Body

The human body functions according to definite laws. It needs fresh air in the lungs—not tobacco smoke. It needs pure water, and plenty of it—not soda pop, stimulants, and man-perverted drinks. It needs a proper amount of joyous, exhilarating exercise, and walking—not riding everywhere in the car, nor taking one's exercise sitting down in the paid admission stands of a baseball park, or a football or basketball game. It needs sufficient sunshine, not the dark, dank congestion of crowded man-built cities. It needs cleanliness and proper elimination—not the almost universal constipation caused by neglect and foodless foods contaminated in man-made "food" factories. It needs relaxation, ample rest and sleep—not the nerve-shattering, excitable pleasure-seeking life—and night life—of today's modern whirl.

And last, but far from least, it needs wholesome, properly prepared *natural* food—not the starchy, sugary, greasy mess of contaminated stuff we ignorantly suppose to be food today!

Bad habits of thought, insufficient exercise, and other destructive habits contribute to ill health. But leading authorities have determined that dieteric mistakes are responsible for 90% or more of nonmental sickness and disease. The body is sustained thru food, water, and air. It is composed of elements which can be supplied and replenished only from food. Health depends more upon proper

food than any other consideration.

The function of the physician should be to teach the science of HEALTH—but as one of our most faithful co-workers expressed it, "We physicians have been kept so busy with patients already sick we haven't had much time, as yet, to turn our attention to teaching people how to keep well."

## Physical and Spiritual Knowledge Needed

The knowledge of HOW TO LIVE should be the first interest of every person. That knowledge is divided into two phases—the physical, and the spiritual; how to be in vigorous, clear-minded, perfect health, which depends upon the physical laws of nature, and how to live in proper relationship with God and with neighbor, which depends upon the spiritual law summed in the Ten Commandments.

The condition we call "disease" means "dis-ease"—lack of ease. This painful and unhappy condition results in every case from a blocking of some function of the body thru violation of the laws of nature—usually thru destructive habits.

Nearly every physical ailment from which one may suffer is one of two varieties:

(1) The presence of a poison, or, (2) a deficiency or lack of needed elements.

A third impairment is a mechanical dislocation or difficulty.

By far the largest number of sicknesses are caused by the presence of a poison—congestion in the blood-stream. And for this, fasting is often not only an effective, but often the only natural cure.

Fasting is voluntary abstinence from food. The practice is as old as animal life itself. In fact animals fast by instinct when sick.

Christ fasted, and set us an example that we should follow His steps! Moses fasted. So did Daniel, and David, and the Apostle Paul. Christianity teaches control over sensual pleasures and false appetites. Fasting is good spiritual training. Fasting for spiritual benefits may be from one to three days.

## How to Fast

Fasting means restriction of, or abstinence from food and drink. As as-

similation is retarded, elimination is increased. Under the fasting regime, the body undergoes a "house-cleaning." Toxins and poisons are rapidly eliminated. By giving the stomach and intestines a rest, normal functioning is re-established. Normal hunger returns, and false appetites are expelled.

Complete results—total elimination of the contributing toxins until the tongue is clear, the breath sweet, and the mouth clean, sometimes require extended fasts of from thirty to ninety days. But definitely I warn you that **SUCH LENGTHY FASTS SHOULD NOT BE UNDERTAKEN UNLESS UNDER CONSTANT SUPERVISION OF A PHYSICIAN WHO IS SKILLED IN THE FASTING PROCEDURE.** And many medical doctors today, unfortunately, are uneducated in this natural and Biblical method and discourage it or even oppose and ridicule it—alho many world-renowned physicians recommend it.

I have found that in most cases satisfactory results are realized by shorter fasts, or a series of short fasts, especially when followed by proper diet. Apparently the Bible examples of fasting were complete fasts—no food whatever, and often not even water. This, however, is very rigid and requires real will-power. Perhaps most effective results would be obtained from the total fast—at least with water only, but it has been found in many thousands of cases that fruit-juice fasts bring very beneficial results, and in many instances the fruit-juice diet will prove preferable.

### Fasting Is NOT Starvation

Remember fasting and starvation are very different things.

Fasting is always the thing to do immediately in the case of a cold or a fever. I am not advising you about milk-fed infants, and in their case refer you to your physician, but in the case of children who eat solid food and all adults, I recommend taking all solid food away from them immediately (including soups). Give them plenty of water to drink, and a glass of orange-juice, grapefruit-juice (fresh-squeezed, not canned), or the juice of one lemon in a glass of water (no sugar) about four times a day—**NOTHING ELSE.** In the rare case of a person who seems allergic to the citrus juices (and they should always be **FRESH-SQUEEZED** and consumed in less than five minutes after squeezing), canned tomato juice may be substituted.

If it is merely a normal cold or fever (and not a disease such as typhoid or scarlet fever), you may find that from one to three days' fasting is often sufficient to rid the system of it—especially if you start the fasting at the very first sign of the cold or fever, before it be-

comes fully settled. In most cases the fever will subside quickly. Some fevers, of course, will not.

If the fever should persist after five days, especially in the case of a child, try to find some physician who is sympathetic to the fasting method to supervise you from there on—or begin to feed the child a restricted diet of non-starchy cooked vegetables such as spinach, celery, small string beans, asparagus, summer squash, beet-tops, carrots, small beets, small turnips, zucchini, etc.—or a soup made from these vegetables *without any grease*, or stewed fruits (without sugar) such as prunes, figs, pears, raisins, apples, apricots—avoiding all starches, such as breads, and all sweets, and greases or oils, and, until fever and cold is gone, all body building foods such as milk, butter, cheese, eggs.

In case a fever rises alarmingly high, take one whole grapefruit, cut it up into six or eight pieces, pour one quart of boiling water over it (rind and all) and let it steep like tea. Then make the patient drink it all—it will require 30 to 60 minutes to be able to consume the entire quart. It will be bitter. Natural organic quinine will steep out of the grapefruit, especially the rind. It is often highly effective.

Never "feed a cold." This idea came from an old saying of Benjamin Franklin's—but what he meant was, "IF YOU feed a cold, you WILL have to starve a fever." Fast immediately for either cold or fever. A fever is a fire to be **PUT OUT**, not fed! **NEVER FEED A COLD OR A FEVER!**

You will save needless suffering if you will always remember this.

It is indeed a hopeful sign that the medical fraternity is at last beginning to make an approach toward a real study of foods, diet, and the importance of these to sickness and disease. Some of the greatest physicians have made this chief contributing factor to sickness or health a scientific study; but unfortunately what is called "medical science"

as a whole has not made the study of these vital factors it should have. Instead, it has studied medicines and drugs—which are in most cases **POISONS**, not foods.

### Helpful Hints

In the case of numerous common diseases such as asthma, biliousness, bronchial troubles, catarrh, hay fever, constipation, digestive disorders, heart troubles, obesity, rheumatism, etc., a series of short fasts, not to exceed seven days, will prove helpful. After one such fast, follow a natural body-building diet of **NATURAL** foods, avoiding the meats forbidden in Leviticus 11, eating only **LEAN** clean meats, avoiding all fat and greases, all fried foods unless fried in pure oil or butter, all starches (everything made from white flour, except bread which should be toasted until hard clear thru), all white sugar and excess sweets. Be sure to use only **WHOLE** grains—such as whole wheat, steel-cut oats, brown rice, and get plenty of raw green leafy vegetables (avoiding greasy salad dressings such as one buys at the store), cooked non-starchy vegetables, and fruits. Then, after perhaps a month of building up on this natural diet, take another fast, and repeat until you get good results.

During a fast, some need to take an enema twice a day. A light shower or sponge-bath (never soak in a tub of hot water) at least once a day is very helpful. You will not feel like doing heavy work. Get plenty of rest. Break the fast with a few stewed prunes and two slices of whole-wheat toast, toasted hard clear through. For the second meal, repeat this and add one cooked non-starchy vegetable. Thereafter return to a normal, careful and sensible diet.

In a fruit-juice fast, **NEVER** take more than one 8-ounce glass of citrus-fruit-juice at a time, and never more frequently than every two and a half or three hours. Three or four times a day is more effective. Drink plenty of water.

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## Is God FAIR?

(Continued from page 3)

believing **FABLES** (II Tim. 4:2-4). They are **BITTER** against God's Law, and against the few who have courage today to proclaim the **PLAIN TRUTH** of God's Word!

Yes, Satan has *organized* religion. He himself appears, not as a devil with horns and a tail bearing a pitch-fork, but "is transformed into **AN ANGEL OF LIGHT**" (II Cor. 11:14). His ministers are transformed *as* the ministers of

righteousness, appearing **AS** the apostles of Christ! (Verses 13, 15). But they are preaching "*another* Jesus" (Verse 4), in the power of "*another* spirit," and deceiving men with "*another* Gospel" than the true Gospel of the Kingdom which Christ brought and Paul and all the apostles preached! (Gal. 1:6-7).

Satan's congregations go in for much **FORM**. "Having a **FORM** of godliness, but denying the **POWER** thereof: *from*

*such turn away,*" plainly warns God's Word! (II Tim. 3:1-5). The present worldly order—its competitive principle, its customs and traditions, its political systems—are upheld by Satan's churches within every land! Truly, ALL nations are deceived! (Rev. 17:2; 18:3).

Jesus Christ appeared 1900 years ago as a Messenger bearing a Message from God. He brought to an unhappy world steeped in false ways the "GOOD NEWS of the KINGDOM OF GOD." A Kingdom now, soon, to replace these crumbling governments of earth!

That Kingdom today is near at hand—even at the doors! (Luke 21:31).

Thank God, we are near the END of the six working days allotted to Satan's dominion. God's thousand-year Sabbath day is just about to dawn!

There is a saying that it is darkest just before the dawn. Now we see on every hand the final fruitage of men's ways. War, and the threat of war, famine, disease, poverty, squalor, sickness, insanity, crime, DEATH! Is anyone HAPPY today? Written in unerasable blood, in human misery, anguish and despair, is the six-thousand-year record of EXPERIENCE!

Even now men will not heed this horrible lesson—not until they are FORCED to see it!

But, as Satan's sixth "working day" closes, God is about to step in and supernaturally to interfere!

The coming seventh millennium typified by the feast of tabernacles—shall see Satan restrained. Christ will return to rule the earth with all the power of God. God's New Order for the next thousand years will restore peace, happiness, and joy.

Then men may look back over this present world, and COMPARE! Never will God FORCE a single human being, against his own will, into salvation and eternal life.

But, with the seven thousand-year record of EXPERIENCE set plainly before seeing eyes, do you think anyone will *want* to return to these ways we seem now to love? Not many, you may be sure of that! Yet some, even then, will rebel.

Finally the world shall acknowledge, of its own free volition, that God's ways are right. "Christ," says the Scripture, "learned obedience by the things which He suffered!" (Heb. 5:8.) Even He who never did wrong! "And *being MADE perfect*"—through experience—"He became the author of eternal salvation unto all them that obey Him."

Some day we shall look upon GOD'S Plan with breath-taking admiration and awe! The sufferings of this present time shall have faded completely from mind. The lessons of experience we shall have

with us for eternity! Finally humanity shall accept God's ways of life, KNOWING that they are right ways. The happiness and joy we shall then experience cannot be conceived by our minds to-

day! Thru all eternity we shall worship and praise the Eternal God for His wisdom, His mercy, His LOVE!

Do you think anyone, then, will look back and say, "God isn't fair?"

## Today Is NOT the Only Day of Salvation

(Continued from page 2)

we never forget that we are yet only *beirs* to the Kingdom of God and the New Earth. Even during the millennium, when the Kingdom of God is ruling *over* mortal nations, the people will be only *beirs* to the Kingdom. They must overcome their carnal nature and grow in knowledge and wisdom to inherit the promises.

The booths used by Israel in the wilderness were durable structures. Sometimes they dwelled in them for months, or even years, before moving. Today, God's people often have to rent their temporary dwellings during the festival of tabernacles.

What a marvellous picture. God says of Ephraim (a type of all Israel) that they will "dwell in tabernacles, as in the days of the solemn feast" (Hosea 12:9). Israel, in the wilderness, was a type of *all people* who must go through trials and tribulations to inherit the promises. They were wanderers, waiting for the promised land—waiting to inherit the promises of salvation.

The contention, held by some sects, that mortal human beings in the millennium will remain flesh and blood forever is plainly denied by the feast of *tabernacles*, for the festival itself points toward an eternal inheritance.

Beside, AFTER Jesus gathers the Church to Himself, and AFTER He is seated on His throne where we will be ruling with Him, He will gather the nations before Him and say: "*Inherit* the kingdom" (Mat. 25:34).

### Yet ANOTHER Festival!

Did you notice that the feast of tabernacles is only the *sixth* festival? There is yet another—the *seventh*!

The feast of tabernacles is, strictly speaking, seven days long—to picture the entire millennium. Seven is God's number of completeness. Therefore, there must also be *seven* festivals. Let us notice where it is mentioned: "On the fifteenth day of this seventh month is the feast of tabernacles for seven days unto the Lord . . . On the EIGHTH day shall be a holy convocation unto you

. . . it is a day of solemn assembly; ye shall do no manner of servile work" (Lev. 23:34,36).

This eighth day, technically a separate feast, is called "*the last day*, that GREAT DAY of the feast" (John 7:37).

What does this final Holy Day represent?

Notice what Jesus preached about on that day. "If any man thirst, let him come unto me, and drink . . . out of his innermost being shall flow rivers of living water. (But this spake He of the Spirit, which they that believe on Him should receive . . .)" (John 7:37-39).

This was Jesus' sermon giving the meaning of the LAST GREAT DAY!

Now turn to Revelation 20. AFTER the millennium, what happens? A RESURRECTION! The DEAD stand before God. This couldn't include true Christians today, as they will appear before the judgment seat when Christ returns. It couldn't refer to those converted during the millennium. They have already inherited the Kingdom during the millennium, after living out a normal life span. *Those in this resurrection must be those who died in ignorance in PAST AGES!* They are not brought to life until AFTER the millennium (Rev. 20:5).

### Pictures Day of Judgment

This is that judgment day mentioned in Mat. 10:15. It is a time when Gentiles who died in ignorance will be given an opportunity to receive salvation. Ezekiel 16:52-53 makes this very plain. Even those in Israel who died in their sins will be given their FIRST opportunity to understand the Truth of God and His Way (Ezek. 37). The prophet wrote that God would pour out His Spirit on those resurrected (Verse 14). This is precisely the salvation that Jesus mentioned in His sermon on that GREAT DAY OF THE FEAST in the autumn of 30 A.D.

This *eighth* day, which immediately follows the seven days of the feast of tabernacles, pictures the completion of the PLAN OF REDEMPTION. That final day of salvation, Isaiah tells us, will last

100 years (Isa. 65:20). It is just prior to the new heaven and the new earth (Verse 17). There won't be little children born then. All—parents and children young and old—will be resurrected. "They are the seed blessed of the Eternal, AND THEIR OFFSPRING WITH THEM" (Verse 23).

Notice that the "book of life"—typifying salvation—is opened (Rev. 20:12). Revelation presents the *final view* of the "judgment day"—the CONCLUSION of the 100 year period—as the present material heaven and earth are perishing—and the faithful are receiving their eternal reward at the throne of Christ. The wicked—those who DISOBEY—are seen perishing in the Lake of Fire!

What a marvellous PLAN! *All* will have an equal opportunity.

And, finally, notice, in Lev. 23:37-38: After describing these annual holydays, it says: "These are the feasts OF THE LORD, which ye shall proclaim to be HOLY CONVOCATIONS . . . BESIDES THE SABBATHS OF THE LORD." We are, then, to keep these BESIDE the Sabbath of the Lord.

SUNDAY is the weekly rest day of ROME, but the Sabbath is the day of the LORD.

Christmas, New Years, Easter, and a host of others are the holidays of ROME, but these seven annual holydays are the HOLYDAYS OF THE LORD! Let us forsake ROME's days, and observe the true holydays OF THE LORD!!

#### What If It's TOO FAR?

God knew that the day would come when His people would have to travel a long distance. He knew they would ask,

"How can I AFFORD it?" In Deut. 14 we read of God's instruction which enables His people to afford the long journey. An article in *The Good News* only one month ago explained this. Beginning verse 22, God commands a *second* tithe—a second ten percent of your total income—be saved up FOR YOURSELF. The *first* ten percent of all you earn or receive belongs to GOD. It is not yours, but God's. God has reserved that for HIS WORK—the preaching of the Gospel. But this *second* ten percent is to be saved thru the year for *your own use* in coming to the Festival of Tabernacles.

In the days of ancient Israel, the people were mostly farmers, and they set aside one-tenth of their live-stock, their grain, vegetables and fruit. They had very little money. If the place for the Festival was too far to carry all this food and meat, they were to turn it into money, and use that money for traveling expenses, and to buy food at the Festival (Deut. 14:25).

Now back again to Deut. 12:17-18: "Thou mayest NOT eat *within thy gates* the tithe of the corn, or thy wine," or all this food and meat—this second tithe. "But thou MUST eat them before the Eternal thy God *in the place* which the ETERNAL thy God shall choose." That's PLAIN!

#### In the Millennium

Study Zech. 14:16-19. Whoever, of all the families of the earth, refuses to come to Jerusalem for the Festival of Tabernacles will be punished severely. This applies to Gentiles—Egypt—the

heathen—ALL NATIONS (verses 18, 19). All will have to come to Jerusalem.

This, therefore, applies to all races, all colors, all nationalities—all who are GOD'S CHILDREN. It is *for* God's children and no others. For this great Festival GOD HAS COMMANDED all must assemble at the ONE PLACE He has chosen.

For regular Sabbath services God's people meet at many different and separated places. And while God SEGREGATED the races at the tower of Babel, and intended us to remain segregated, He never introduced nor approved any racial discrimination. There's a vast difference between segregation and discrimination, tho few Americans seem to recognize the difference. The Communists are trying to defeat God's purpose by amalgamation of the races thru social mixing and intermarriage into ONE. *That is contrary to God's purpose!* In THIS life—in THIS human flesh—God did segregate the races at Babel, and they shall remain so until Christ comes.

However, IN THE KINGDOM we shall all be ONE race—GOD'S OWN race! The Festival of Tabernacles is a type—a foretaste—of the KINGDOM. Therefore God has ordained that we all come TOGETHER, at the ONE PLACE which He has chosen for this one great annual Festival.

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(Executive Editor's note: We regret that the full text of this article did not arrive from England at the time this issue went to press. Large portions have therefore been added to Mr. Armstrong's original manuscript to make the article on the feast of tabernacles complete.)

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